

MENTAL HEALTH FIRST AID

- 21 + 22 FEB or 14 + 15 MAY** **MENTAL HEALTH FIRST AID - TWO DAYS**
Acclaimed evidence-based training and Mental Health First Aid accreditation
- 12 + 13 MAR or 5 + 6 JUNE** **ABORIGINAL MENTAL HEALTH FIRST AID - TWO DAYS**
Acclaimed evidence-based training and Mental Health First Aid accreditation
- 22 APR** **MENTAL HEALTH FIRST AID - STANDARD REFRESHER COURSE - HALF DAY**
Update your qualification

MENTAL HEALTH AND WELLBEING

- 14 MAR** **EXPLORING PERSONALITY DISORDERS**
Facts and fallacies
- 19 MAR** **MANAGING WORKPLACE MENTAL HEALTH**
For managers, supervisors and HR professionals
- 18 APR** **ABORIGINAL MENTAL HEALTH AWARENESS - NEW**
Social and emotional wellbeing for Aboriginal people
- 30 MAY** **POSITIVE PSYCHOLOGY AND RESILIENCE**
Evidence-driven tools for wellbeing
- 20 JUNE** **PROVIDING MENTAL HEALTH SUPPORT**
Recognise and respond to mental health symptoms

PUBLIC SPEAKING

- 6 MAR** **PUBLIC SPEAKING: INTRODUCTORY**
Introductory public speaking skills
- 8 MAR** **MASTERING CEREMONIES - NEW**
Advanced MC skills
- 22 MAY** **PUBLIC SPEAKING: INTERMEDIATE**
Improve your presentations!

DIVERSITY AND INCLUSION

- 27 FEB or 16 MAY ONLINE or 26 JUNE** **ABORIGINAL CULTURAL COMPETENCE**
Moving beyond awareness
- 5 MAR or 9 MAY or 13 JUNE ONLINE** **MANAGING CHALLENGING PERSONALITIES**
Diverse personalities and how to engage them
- 21 MAR ONLINE or 12 JUNE** **NEURODIVERSITY IN THE WORKPLACE**
Understand and support neurodivergent staff
- 8 MAY** **WORKING INCLUSIVELY WITH ABORIGINAL STAFF**
Building better relationships

LEADERSHIP AND MANAGEMENT

- 7 MAR or 16 MAY** **PSYCHOSOCIAL HAZARDS IN THE WORKPLACE**
Identify and address psychosocial risk
- 23 APR** **DIFFICULT CONVERSATIONS AND DELIVERING FEEDBACK**
Compassion, clarity, courage
- 28 MAY** **LEADING OTHERS: NEW MANAGERS AND SUPERVISORS**
Integrity, support, outcomes
- 18 JUNE** **GROUP FACILITATION TOOLS**
Holding the space

Courses with dates in **GREEN** are delivered in-person at our West Leederville premises and are one day unless otherwise stated.

Courses with dates in **BLUE** are our abridged HALF-DAY options, delivered live online via Zoom.

COMMUNICATION AND INTERPERSONAL SKILLS

- 28 FEB or 18 APR ONLINE or 11 JUNE** **DE-ESCALATING CONFLICT AND AGGRESSION**
Prevent violence and defuse volatile situations
- 21 MAR** **PERSUASIVE COMMUNICATION**
Engage, influence and persuade
- 17 APR** **INDIVIDUAL ADVOCACY**
Becoming a change-maker
- 30 APR** **COLLABORATION AND CONFLICT RESOLUTION**
Communication, understanding, productivity
- 19 JUNE** **BETTER PROFESSIONAL WRITING**
Clarity, continuity and creativity
- 27 JUNE** **ASSERTIVE COMMUNICATION**
Standing your ground

ABORIGINAL CULTURE AND WELLBEING

- 27 FEB or 16 MAY ONLINE or 26 JUNE** **ABORIGINAL CULTURAL COMPETENCE**
Moving beyond awareness
- 12 + 13 MAR or 5 + 6 JUNE** **ABORIGINAL MENTAL HEALTH FIRST AID - TWO DAYS**
Acclaimed evidence-based training and Mental Health First Aid accreditation
- 18 APR** **ABORIGINAL MENTAL HEALTH AWARENESS - NEW**
Social and emotional wellbeing for Aboriginal people
- 8 MAY** **WORKING INCLUSIVELY WITH ABORIGINAL STAFF**
Building better relationships

COMMUNITY SUPPORT WORKER TOOLS

- 6 MAR ONLINE or 23 MAY** **TRAUMA-INFORMED PRACTICE**
Reactions, realities, recovery
- 20 MAR** **INTERGENERATIONAL TRAUMA**
Understand and support the next generation
- 26 MAR** **EMOTIONAL REGULATION TOOLS**
Managing mood and reactivity
- 28 MAR** **SOLUTION-FOCUSED THERAPY**
Generating individual solutions
- 16 APR** **VICARIOUS TRAUMA**
The ripple effect
- 2 MAY** **PROFESSIONAL BOUNDARIES**
Where to draw the line
- 7 MAY** **UNDERSTANDING PSYCHOSIS**
Identify and respond to psychotic disorders
- 29 MAY** **DEFENSIBLE DOCUMENTATION**
Improved professional record keeping
- 13 JUNE** **STRENGTHS-BASED PRACTICE**
Capability and resilience

OPERATIONAL SKILLS

- 29 FEB or 1 MAY** **GRANT WRITING**
Tools to increase your chances of funding
- 27 MAR** **STRATEGIC PLANNING SKILLS**
Getting to where you want to go
- 24 APR** **COMMUNITY CONSULTATION TOOLS**
Engagement, education, empowerment
- 4 JUNE** **SYSTEMIC ADVOCACY**
How to influence decision-makers and change the world

FEATURED TRAINING COURSES

DE-ESCALATION SKILLS

Prevent violence and defuse conflict

Learn the tools to respond to threatening, violent or aggressive behaviour.

The standard course provides a grounding in core skills, with advanced and specialist courses also available.

MENTAL HEALTH FIRST AID

Accredited three-year qualification

This internationally recognised two-day course is the mental health equivalent of standard First Aid.

Standard, Aboriginal, Youth and Refresher courses available.

Courses available through our public training calendar or ask about a custom course for your group, delivered anywhere in Australia or online.

MORE INFORMATION:
evolve@evolvewa.com.au
www.evolvewa.com.au



PUBLIC TRAINING CALENDAR

DURATION: In-person courses - One day unless otherwise stated
Online courses - Half day

LOCATION: In-person courses - West Leederville premises
Online courses - Live online via Zoom

PRICES: One-day courses
\$315 standard | \$215 NFP | \$145 concession
Two-day courses
\$540 standard | \$370 NFP | \$250 concession
Half-day courses
\$190 standard | \$130 NFP | \$85 concession

SCHOLARSHIPS: Offered to those with financial barriers
Apply via our website

BOOK HERE:  evolvewa.com.au/bookings

CUSTOM COURSES FOR YOUR ORGANISATION

In addition to this public training calendar, all courses can be customised to suit your needs and scheduled to suit your group's availability.

DURATION + CONTENT: Tailored to your group's exact needs and industry context

LOCATION: Available anywhere in Australia

PRICES PER GROUP: One-day courses (6 to 24 people)
\$2400 standard | \$1900 NFP
Other length courses - please contact us

CONTACT: katrina@evolvewa.com.au | (08) 6117 5520

EVOLVE

TRAINING CALENDAR 2024

FEBRUARY - JUNE

OUTSTANDING PROFESSIONAL DEVELOPMENT COURSES



Whadjuk Noongar Boodjar
Level 1, 20 Southport Street
West Leederville WA 6007

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KALEIDOSCOPE INITIATIVE

Workplace readiness training and mentoring for migrants to reconnect with their chosen field in WA.

The Kaleidoscope Initiative provides **FREE** five-day Workplace Readiness Training and a 12-week one-on-one Mentoring Program for migrants of any visa background wanting to reconnect with their chosen field in WA.

2024 courses will be held around Perth, as well as in Bunbury and the Peel region.

This is a partnership between the Australian Red Cross and Evolve WA and is funded by the WA Department of Training and Workforce Development.

For more details see the website: redcross.org.au/kaleidoscope



VENUE HIRE

Our centrally located **West Leederville** venue offers an exceptional suite of spaces for your next training or event.

Custom designed for acoustics and comfort, and filled with natural light, this polished but relaxed space is the ideal place for your team to evolve.

Ask for more information and price list: evolve@evolvewa.com.au